



VOLUNTEER IDEAS

- Prepare and distribute meals to elderly neighbors.
- Collect food from neighbors and donate it to a local food bank.
- Visit someone in a hospital or nursing home.
- Knit a scarf or blanket and deliver it to a homeless shelter.
- Pick up trash at a local park.
- Collect used books and donate them to libraries, jails, or shelters.
- Stuff backpacks with school supplies and deliver them to schools.
- Start recycling in your workplace or neighborhood.
- Walk dogs at a local humane shelter.
- Do lawn work for someone who can't.
- Clean up a vacant lot.
- Create a mural or public display to beautify an area.
- Get involved in a national day of service - Make a Difference Day (<http://www.usaweekend.com/diffday/>) or MLK Day (<http://mlkday.org/>)